

A Free Monthly Newsletter From Your Friends At Foreign Traffic

Special Gift Ideas For The Holiday Season

The holiday season traditionally includes giving and receiving gifts. You don't have to spend a lot of money to show how much you care. Here are some creative ideas for low-cost gifts you can make yourself:

- ★ **Recipe book.** Collect some of your favorite family recipes. Put them together in a small book that highlights your family tree.
- ★ **Photos.** One way to make a special photograph even more special: Carefully cut a picture into four equal squares, then paste them onto four sheets of canvas or heavy paper. It creates a nifty effect for a four-piece picture that can hang on any wall.
- ★ **Personal gift cards.** Make your own "gift certificates" that the recipient can redeem for personal (or romantic) purposes: a day free of chores, a back or foot massage, or something similar.
- ★ **Scrapbooks.** Another use for photos: Create your own scrapbook around a family theme, a special place, a variety of activities, or anything else that has significance for your recipient.
- ★ **Calendars.** Create a calendar using photos of family members—many photographic websites and print shops can help you do this. Or take a standard calendar and highlight special days throughout the year: birthdays, anniversaries, important events, etc.
- ★ **Music.** Burn a CD of the person's favorite songs, or have a child sing his or her parents' favorite song and record it.

Do You Have A Question About Car Maintenance That You Want Answered?

We love to hear from all of our good friends and clients who enjoy reading our monthly newsletter. If you have a question about anything related to your vehicle, feel free to reach out to us...

724-449-9999

service@foreign-traffic.com

www.foreigntraffic.com

Say No To Holiday Stress

The holiday season is stressful enough without all the additional demands others may make. Do you often say "yes" to requests that commit you to things that you don't really have time for? Learn to say "no" without alienating your friends and family. These tips can help:

Be polite, but firm. Don't go into too many details. The person making the request can too easily revise his or her request and make saying "no" more difficult.

Say no as soon as possible. Don't drag the situation out.

Stick to your priorities. If you're asked to do anything that doesn't fit in with your responsibilities—or your values—don't do it. Just say "no."

December Events

December 3rd	International Day of Persons with Disabilities
December 4th	Santa's List Day
December 9th	Christmas Card Day
December 12th	Poinsettia Day
December 18th	Bake Cookies Day
December 25th	Christmas Day
December 31st	New Year's Eve

"As we struggle with shopping lists and invitations, compounded by December's bad weather, it is good to be reminded that there are people in our lives who are worth this aggravation, and people to whom we are worth the same."
—Donald E. Westlake



A Gift For You!

Save \$20.00 On Any Service Or Repair Before 12/24/2018



Purchase must be at least \$100 before shop supplies & tax.

Must Present Coupon

Cannot Be Combined With Any Other Offers

Cheese Has A Long History

Cheese has been popular for a lot longer than you may have thought. An analysis of ancient pottery from the Dalmatian Coast of Croatia has discovered traces of fermented dairy products like soft cheese and yogurt from some 7,200 years ago, according to the Science Daily website.

The discovery means that cheesemaking is 4,000 years older than previously known. Milk pottery from 7,700 years ago has been found in the area, indicating that our ancient ancestors had milk in their diets—at least their children up to about age 10. (DNA analysis shows that adults at that time were lactose intolerant.)

The development of cheese production changed the style and form of pottery as well. Among the artifacts found at the site were sieves, which are often used to strain milk when it becomes curds and whey. The sieves contained evidence that they had been used in secondary milk processing to make cheese or other dairy products.

What Do You Know About Mistletoe?

This is the time of year when we love to have a spray of mistletoe decorating our holiday tables, worked into wreaths, or hanging over the door frame for an excuse to kiss the ones we love as they cross the threshold. How or why we do any of this is a bit of a mystery, considering...

Mistletoe is toxic to humans. Ingesting the berries or other parts of the plant can produce symptoms including nausea, abdominal pain, diarrhea, blurred vision, changes in blood pressure, and possibly death. You might want to use the artificial variety for your decorations, especially if you have small children in your home.

From bees to butterflies to birds, squirrels, porcupines, and deer, the plant is a great source of nectar, nesting, and nourishment for most animals. The glue-like quality of the seeds helps them attach to the feathers and beaks of birds. When the birds fly away and perch in a different tree, the sticky nectar finds a home on the bark and begins to grow into a new plant.

Mistletoe is a parasite. The plant thrives by siphoning off valuable nutrients from its host trees and shrubs, causing decay, infection, and eventual death. As horrible as that sounds, it's just part of the circle of life in a forest ecosystem.

Some 20 species of the plant are endangered, yet there are roughly 1,300 species worldwide, so this paradox of nature won't be going away anytime soon.

Thank You! Thank You! Thank You!

Special thanks go out to all of our clients and friends who graciously referred our shop to their friends and neighbors last month! Our business is built based on the positive comments and referrals from people just like you. We just couldn't do it without you.

Ray Strobel referred Cloe Jones

Survival Tips If Your Car Gets Stuck In A Blizzard

Getting trapped in your car during a blizzard can be a terrifying experience. But it doesn't have to be fatal, if you stay calm and follow these survival tips:

- * **Stay in your car.** Unless help or shelter is clearly visible within easy walking distance, you're safest remaining in your vehicle where it's warm and dry.
- * **Make yourself visible.** Tie a brightly colored piece of cloth to your antenna to signal rescuers. Use your flashers, and light signal flares if you have any.
- * **Bundle up.** Wrap yourself up in whatever you have. Even newspaper will help you retain heat.
- * **Clear your tailpipe.** Make sure snow and ice aren't blocking your tailpipe, or carbon monoxide could back up into your vehicle when you turn on the engine.
- * **Run your heater sparingly.** Conserve fuel by running the heater for only 10 minutes an hour. That should be sufficient to keep you warm. Crack a rear window to prevent any fumes from lingering inside when your motor is running.
- * **Keep moving.** Even inside your vehicle, move your arms and legs as much as you can to keep your circulation going and stay warm.
- * **Fasten your seatbelt.** Your car may not be moving, but if visibility outside is low, another car could rear-end you, causing injury if you're not securely strapped in.
- * **Stay awake.** You're less likely to experience hypothermia and other cold-related conditions, and you can watch for rescue.



SAVE
MONEY

HOLIDAY LABOR SAVINGS

0-\$100.00	Take 5% Off Labor
\$101.00- \$200.00	Take 8% Off Labor
\$201.00 & Up	Take 10% Off Labor



Must Present Coupon,
Expires 12/31/18,
Cannot Be Combined
With Other Offers.
Up to \$100 Max.

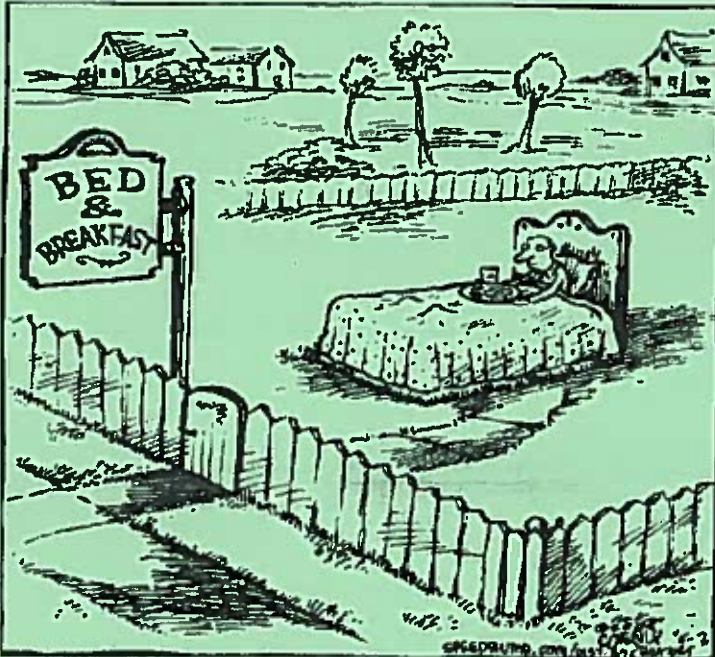
Congratulations To Our Client Of The Month!

Every month, we choose a very special client of the month. It's our way of acknowledging our great clients and saying thanks to those that support our business with referrals and repeat business.

This month's Client of the Month is

Dr. Frank Kush

Thank you for letting us Service and Maintain your Mercedes S Class.



Thanks For The Kind Words

"Foreign Traffic Import Sales & Service is a great place to take your car for your automobile service. They service foreign or domestic cars, at very reasonable prices. Also, they provide 3yr warranty on everything they service."

- John S

Do You Want To Win A \$50 Gas Card ?

The first 10 people to call with the correct answer will be eligible to win. At the end of the month we'll draw one lucky name. That winner will receive a \$50 Gas Card from us! Here is this month's question... Which following tip is recommended if your car gets stuck in a blizzard?

(Hint: the answer is somewhere in this newsletter)

- a) Get plenty of sleep
- b) Start walking down the road flagging for help
- c) Keep your car's heat on
- d) Fasten your seatbelt

Call right now with your answer!

Last month's trivia challenge was, What is Emma's elderly neighbor's name? *Answer: B) Allison*

Congratulations to last month's winner...

Janet Imhof

Creativity On The Side

If you'd rather be painting a mural, or banging on a drum, or doing anything other than work, you're not alone. Below is a list of famous people whose day jobs show you can create a masterpiece and still work 9 to 5:

- **Art Garfunkel, singer.** Garfunkel earned both a B.A. and an M.A. while he was a member of Simon and Garfunkel. After the release of "Bridge Over Troubled Water," the duo parted ways. Garfunkel spent the next two years teaching math at a private school before embarking on a solo career.
- **Corita Kent, artist.** Sister Kent found her calling to be both an artist and a servant of religion as a Roman Catholic nun. She worked mostly on silk screen and taught art classes at a Catholic college. After a 30-year career, Kent abandoned her creative pursuits when the Church determined that her art was too political in its themes—while branding other pieces downright blasphemous.
- **Philip Glass, composer.** When Glass wasn't helping out his pals in the moving business, he made his living as both a plumber and a taxi driver.

The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice. For guidance on any specific matter, please consult a qualified professional. ©2017 CMG

Did You Know?



You don't have to go back to the Dealer for service or maintenance on your new or used vehicle! Federal Law (Magnuson-Moss Act 1975) prohibits new car dealers from implying or denying warranty service because routine scheduled maintenance was performed at an independent repair facility. We can handle your maintenance and repair needs. Just give us a call.

Looking For A Great Stocking Stuffer?



Purchase One
Car Care Club Card At
Regular Price...
And Get The Second
Car Care Club Card FREE



Car Care Club Members Have Their Privileges:

1. FREE Oil Changes For A Year And A Half
2. Get Over \$630 In Auto Repair Service FREE
3. Priority Scheduling
4. Car Wash With Every Service

Free!



**Purchase
One At
Regular
Price of
\$129.00
And Get The
Second
FREE!**



Exp. 12/24/2018

2 Convenient Ways To Schedule An Appointment
Call 724-449-9999 or Visit www.foreigntraffic.com

Happy Holidays!

The Foreign Traffic Family
Wishes You & Your Family
A Safe and Happy Holiday Season!

David

Robert

Bill

Carmen

Sisco

Geno

Nino

Bradley



Penny

Paolo

Lisa

Tyler

Brandon

Shane

Nick

Sonny

Casey

Josh

